

Product	NPN #	Recommended Uses / Health Canada
5-HTP	80031723	Help to promote healthy mood balance. Used as a sleep aid.
Anxiety Formula,400mg	80037930	Contains St. John's Wort and Hops, which are used in Traditional Herbal Medicine to help relieve restlessness and nervousness.
Kava Kava	80049367	Used in Herbal Medicine as a calmative or sleep aid.